

## Meet Vantage Point

### Dr. Chris Bowerman

*Ph.D. Licensed Psychologist*

*Forensic & Clinical Psychologist*

Throughout her career, Dr. Bowerman has practiced in various community (outpatient) and inpatient settings where she has provided various treatment and psychological evaluations for adolescents and adults presenting with a wide range of legal and mental health concerns.



Dr. Bowerman completed her pre-doctoral internship at Minnesota Sex Offender Program (MSOP), a division of the Department of Human Services (DHS), where she treated and evaluated civilly committed male sexual offenders. During this time, she was entitled Subject Matter Expert (SME) in the area of Psychopathy. Dr. Bowerman led MSOP's assessment and evaluation department at the MSOP-Department of Corrections Site.

In 2018, Dr. Bowerman opened a private practice where she provided clinical and forensic assessment services to government agencies. She has completed a wide range of evaluations for courts including diagnostic assessments, psychosexual evaluations, criminal competency evaluations, violence and sexual violence risk assessments, commitment evaluations, and Commitment Appeals Panel (CAP) evaluations focused on civilly committed sexual offenders transitioning back to the community.

### ABOUT

## VANTAGE POINT

We are empathic, understanding and experienced professionals who provide evaluations which are easily understood by both therapists and client. We pride ourselves on being clear and to the point – every time. Our evaluations typically involve in-depth interviews, psychological testing, and record reviews. We produce thorough and objective reports, which clearly communicate our opinions and recommendations.

## CLEAR & TO THE POINT EVERY TIME

VPP is a single point of contact for individuals, attorneys, medical providers as well as therapists and other professionals to request Psychological Evaluations addressing a wide range of issues.

## TYPES OF EVALUATIONS

### DIAGNOSTIC ASSESSMENT

This includes personality testing which focuses on symptoms of major mental illness and personality dynamics. The client will engage in testing and a thorough clinical interview. A written report will be generated and a one-hour feedback session will be scheduled.

### PSYCHOLOGICAL EVALUATIONS

This includes more extensive testing, which could dive deeper into current mental health symptoms or personality dynamics. It also could include assessing for difficulties with memory, attention or cognitive processes. Similarly, a written report will be generated and a one-hour feedback session will be scheduled.

### PSYCHOSEXUAL EVALUATIONS

These are likely referred from an attorney, but therapists may also request an evaluation to include further exploration of problematic sexual attitudes/beliefs or hypersexuality. This would include an in-depth sexual history and specific inventories based on the referral question. Again, a report and feedback session will occur.

### NEUROPSYCHOLOGICAL EVALUATIONS

This is an evaluation that offers an in-depth assessment of skills and abilities linked to brain function. Examples of what specifically can be explored maybe include but are not limited to, concerns about dementia, Traumatic Brain Injury (TBI) and identifying subtle cognitive deficits with establishing a baseline for functioning.

## WHAT CLIENTS NEED TO KNOW



Our offices are in Burnsville and Otsego, MN. Most assessments can be done virtually. Our client coordinator will help walk you through any questions.



We do not accept insurance. We require payment at time of service. Should you choose to submit the billing to insurance for out-of-network reimbursement, we will provide you a "super bill" for this process.